



House of Hope Macon

A Journey of Hope

“Surely there is a future, and your HOPE will not be cut off.” – Proverbs 23:18

February Series: Picking up the broken pieces with God, Self and Others

**I. “PICKING UP THE BROKEN PIECES WITH SELF” – Matthew 27:1-9
A Study on Forgiving Yourself**

Tonight, I want you to remind you that God loves you and you can pick up the broken pieces not only with God, but also with YOU. Your new beginning with SELF starts NOW!

This study will unfold biblical truths on freeing SELF and walking towards God’s very best.

WHAT FREEING YOURSELF IS NOT

FREEING YOURSELF IS NOT.....

II. LIVING AS IF YOU DIDN’T DO ANYTHING OFFENSIVE

- a. Self-Denial will paralyze any momentum to our freedom
- b. Come Clean with God and yourself – Psalm 139:1-13

III. PLAYING THE BLAME GAME

- a. Adam couldn’t forgive himself for eating the fruit because he claimed it was someone else’s fault. Eve did the same thing
- b. Genesis 3:8-13

IV. SHUNNING THE CONSEQUENCES

- a. There will always be consequences for our deeds.
- b. ROMANS 6:23 – GALATIANS 6:7-8

V. OVERCOMING SORROW AND HURT

- a. 2 Corinthians 7:10
- b. Repentance and forgiveness do not necessarily remove the godly sorrow. That sorrow may continue for a very long time and it should.

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WHAT FREEING YOURSELF IS

If forgiving yourself is not all these things, what is it? What does it mean to free yourself?

Freeing yourself is...

I. COMING CLEAN

- a. We can only free ourselves if we completely OWN our sins.
- b. Accepting responsibility and admitting that you are at fault without trying to overlook or justify is the first step to self-liberation.
- c. **2 Samuel 12:1-13**
- d. This can be an easy practice if we remember that NOTHING can be hid from God – **Psalm 139:1-10**

II. WALKING IN GOD'S DIVINE GRACE

- a. Apart from God's divine Grace through His son Jesus, there is NO real forgiveness.
- b. **1 JOHN 4:19**

III. REFUSING TO DEFINE YOURSELF BY YOUR PAST ACTIONS OF GOOD OR BAD

- a. **1 TIMOTHY 1:12-17**
- b. **Philippians 3:7-10**

IV. VIEWING YOURSELF BY GOD'S LOVE FOR YOU

- a. **John 3:16**
- b. **Romans 5:6-8**
- c. You are not worthless because of your sins and you are not worthwhile because of your righteous acts... You are worthwhile because GOD defined you as that by sending His Son Jesus Christ.

V. LIVING DIFFERENTLY

- a. John 8:1-11
- b. When you know better, DO better!