The House of Hope Macon Dr. Khaalida Forbes, Facilitator



AN INTRODUCTION TO PRAYER



WHAT IS PRAYER ALL ABOUT

- Prayer is the means by which we can ___know__ God and His __will__ for our lives.
- Prayer is our means of <u>communication</u> with God.
- Prayer is the way we have ___spiritual___ power.
- Prayer is the vehicle that takes you into the privilege of experiencing ___fellowship___ with God.

Effective prayer occurs when you talk to God and listen to what God is saying to you.

KEY Scripture: The Believer's Prayer Matthew 6:5-13

TALKING PRINCIPLES

I.	Confession					1 Jonn 1:9
	A.	То "со	nfess" our s	sins in the truest sense invo	olves <u>despising</u>	_ the sin, being <u>grieved</u> by it,
		and	judging	it.		

- II. Praise Psalm 150:6
 - **A.** Praise is expressing your love and ___adoration__ for who God is.
 - **B.** The focus of praise is not on the <u>hand</u> of God but rather on the <u>face</u> of God.
- III. Thanksgiving Psalm 100:4
 - **A.** Thanksgiving is expressing to God our <u>gratefulness</u> for all of the things He has done for us.
- IV. Petition Philippians 4:6-7
 - **A.** This is the opportunity to offer to God your personal <u>requests</u>.
- V. Intercession Colossians 1:3, 9-12
 - **A.** Intercession is to stand in the <u>__gap__</u> between God and another individual that you are praying for to solicit God's intervention.





LISTENING PRINCIPLES

- I. Be Still & Quiet Before God
 - **A.** ____Discipline___ is the only way we can learn to be still and quiet before the Lord.
 - **B.** At times it might be good to have a change of ___scenery__ when trying to listen to God.
- II. Don't Hurry Your Time With God



- **A.** God wants us to learn to ___wait___ before Him.
- **B.** You will not experience meaningful times with God if you are trying to __rush__ Him into your schedule.



- III. Spend Various Seasons of Your Life With God
 - **A.** God is ___attracted___ to someone who will set aside everything else just to be with Him.
 - **B.** You determine the <u>length</u> of your "season."

When you listen to God as well as talk to Him, you gain a whole new ___perspective___ on God as well as yourself.

Which is more important -- what you say to God or what God says to you???



FOUR REASONS CHRISTIANS DON'T PRAY

I. Pride

Proverbs 29:23, Proverbs 11:2, 1 John 1:8,10



- **A.** God walks with ___humble___ people, not proud people.
- **B.** Pride is dangerous, because it ___masks__ a multitude of sins.
- C. Pride keeps us from praying, because it ___overestimates__ the power of self.

II. Unbelief

Hebrews 11:6, Mark 9:14-24

- **A.** Rather than choosing to pray, we often choose to ___trust___ in ourselves.
- **B.** Unbelief underestimates the ___power___ of God.
- C. Without faith, prayer will not occur.



III. Ignorance

Hosea 4:6

- **A.** Ignorance overestimates the difficulty of <u>talking</u> to God.
- **B.** Ignorance is when you do not know any better. ___Stupidity is when you know better but choose not to do it.



IV. Time

Isaiah 50:4, 1 Timothy 2:1

- **A.** Time underestimates the value of ___being__ with God.
- **B.** Whenever you do not take time to pray, you have a problem with your <u>values</u>.
- **C.** Rushing your time with God is not advantageous to your ___spiritual___ health.

